



Rovaniemi

The City of Rovaniemi Sports and Youth Service Centre



Activities of sports service centre

The Rovaniemi **Sports and Youth Service Centre** offers residents sports services to meet their needs. The purpose of sports services is to support the organisation of physical activity and to be involved in creating a diverse sports culture in the area of Rovaniemi. The objective is to keep Rovaniemi moving - as a top-quality sporting city with a wide range of activities. This city aims to improve the living habits and sporting interests of its residents.

The sports service centre organises supervised, health-promoting groups for children and young people, adults, senior citizens and those with special needs. In these groups, you can try out new things, get a new lease of life and get to know new people.

Health and exercise

Stay in shape whatever your age; this programme (KKI) gets people moving. The aim is to create forms of exercise suitable for beginners, and to help new enthusiasts with physical exercise. The KKI programme is not a question of the high-pressure pursuit of top-level performance, but merely finding pleasure, success and refreshment in physical exercise. The programme is also suitable for senior citizens of over 60. **Health and exercise coordinator, tel. +358 (0)16 322 6573, +358 (0)40 767 5830**



Applied exercise

Special sports services organise applied sporting activity for residents with a need for special support in physical exercise. Such need might include a physical or mental handicap, illness, social situation or some other debilitating factor. Because of this, applied exercise can be a better alternative for taking part in supervised activity. **Special exercise supervisors, tel. +358 (0)16 322 6574, +358 (0)40 548 6447 / +358 (0)322 6575, +358 (0)40 562 5337**

Subsidies and grants

Sports and exercise clubs and organisations catering for those with special needs in the area are supported in the organisation of their activities through **sports grants**. Based on the level of success in sporting achievement, **sports grants** can be awarded to support the activities of individual sportspeople or clubs, which are registered with the City.

The maintenance of sporting facilities is supported through **maintenance grants**. In that way, village communities, clubs and associations can independently keep their ski tracks, ice rinks, etc. in a good state of repair.



Outdoor sports facilities

Rovaniemi has 381 sporting venues. Most of these are outdoor, and include football pitches, ice hockey and skating rinks and tracks for skiing, walking, jogging, etc. Of the basic venues, the most common are football pitches, which can be found in almost every residential area.

Tracks for outdoor activity are built as close as possible to where residents live, along rivers and roads. Rovaniemi has many nature and outdoor trails suitable for both summer and winter use, and equipped with lean-to's. The rivers and lakes in the area offer good opportunities for canoeing and boating. Rovaniemi also provides good possibilities for snowmobiling along special snowmobiling trails.

Indoor sports facilities

High-quality and spacious sports halls have been built on the same principle at the outdoor trails. Sports halls include Kauppis Hall in the city centre, Raja Hall, Ounas Hall and Totto Hall in Muurola. Municipal sports halls are on school premises. The sports and youth service centre is responsible for making bookings for the use of sports facilities. Bookings for indoor and outdoor facilities are made twice a year for Rovaniemi's sports groups, clubs and those practising individual sports. More detailed information on application times can be found at the City of Rovaniemi's website.

Sports secretary, tel. +358 (0)16 322 6572, +358 (0)400 837 857



Maintenance and construction of sports facilities

We take care of the maintenance of our sports facilities and are involved in the development of the area's sporting activities. The sports and youth service centre makes proposals for the construction of new sports facilities, taking into account the needs of local interest groups.

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Swimming Centre

The ability to swim is one of the basic skills for citizens. The Vesihäisi Swimming Centre provides excellent facilities for all kinds of water sports. In order to improve swimming ability, swimming instruction is organised for children and adults on many different levels. We organise swimming instruction for Rovaniemi's school-children. We also organise swimming instruction for other educational institutes, day care centres and schoolchildren of nearby municipalities.

The complex contains a large swimming pool, a learning pool with a water slide, a small children's pool and a warm-water jacuzzi called 'Laguuni', which is great for relaxing in. The diving platform provides a challenge up to a height of 5 meters, and, in summer, it is possible to plunge into a heated outdoor pool.

The swimming centre is a place where competitive swimmers, divers and canoeists come to practice. At the centre, many special associations organise a wide range of sporting activities for their members. The centre also offers a fitness room, solarium, massage and baby- and family-swimming sessions.

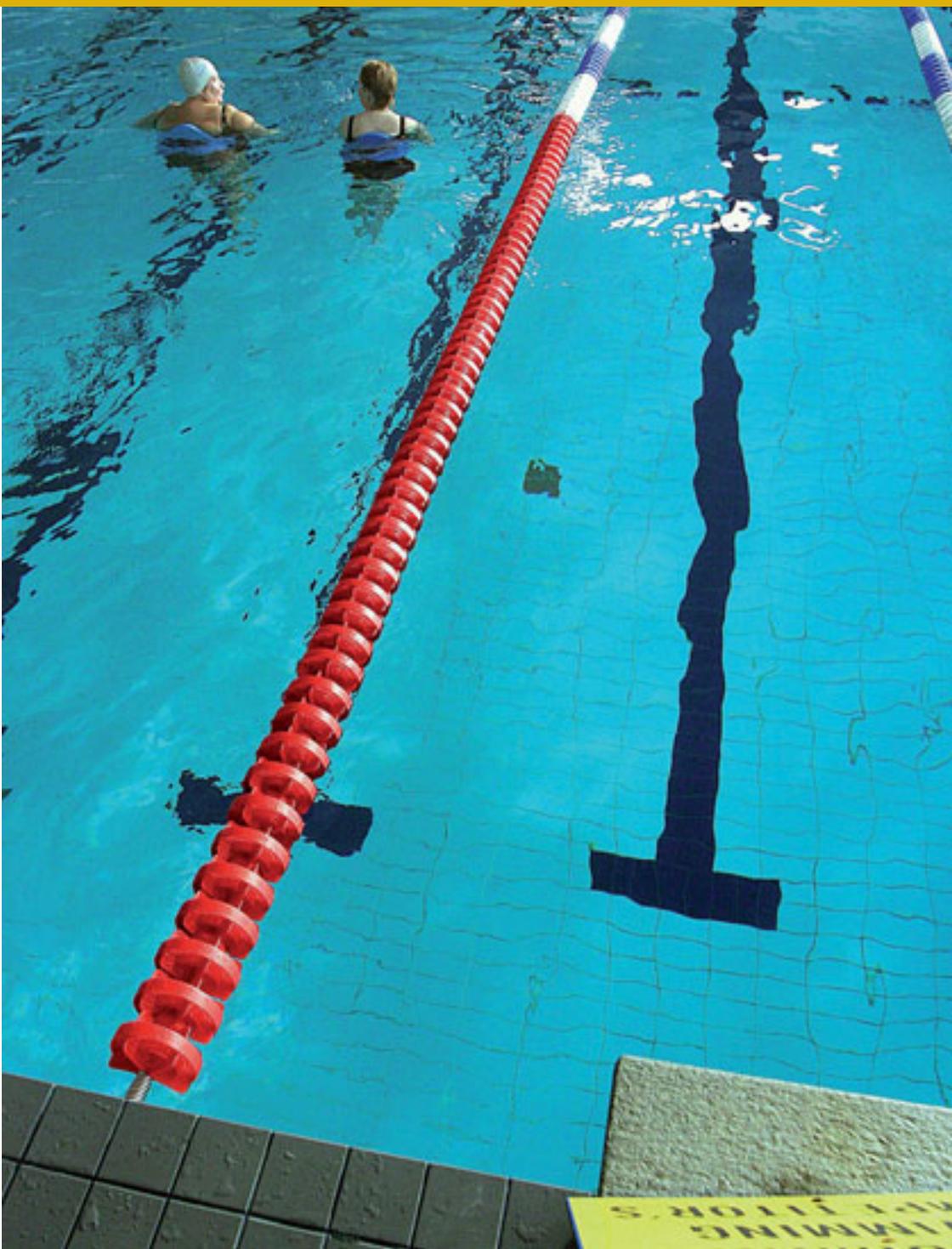
Vesihäisi Swimming Centre

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Sports and Youth Service Centre

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